Recommended To-Do List

Prepared on:

You can get the best results from your medications by completing the items on this **"To-Do List."**



Bring your **To-Do List** when you go to your doctor. And, share it with your family or caregivers.

My To-Do List

What we talked about:	What I should do:
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What we talked about:	What I should do:
As we discussed, your medicine is for you and could be harmful for someone else. It is recommended to dispose of your expired or unused medications safely. I have attached some information about safe medication disposal for your review.	Review the attached handout.